

2026 Dental	Current		New Plans: Metlife, Delta, Humana & Blue Shield			
	Current Ameritas High Option	Current Ameritas Low Option	NEW MetLife Dental Platinum	New MetLife Dental Gold	New Delta Dental PPO 1000	New Delta Dental PPO 1500
	<a href="#">Find Provider</a>	<a href="#">Find Provider</a>	<a href="#">Find Provider</a>	<a href="#">Find Provider</a>	<a href="#">Find Provider</a>	<a href="#">Find Provider</a>
Network	Classic PPO	Classic PPO	PDP Plus	PDP Plus	PPO	PPO
	UCR	Negotiated Rate Schedule	Negotiated Rate Schedule	Negotiated Rate Schedule	Negotiated Rate Schedule	Negotiated Rate Schedule
Deductible	\$50 / \$150	\$50 / \$150	\$25 / \$75	\$50 / \$150	\$50 / \$150	\$50 / \$150
Cleanings	4 per year Covered	2 per year Covered	2 per year Covered	2 per year Covered	2 per year Covered	2 per year Covered
Preventive	Covered at 100%	Covered at 100%	100% of Negotiated Fee*	100% of Negotiated Fee*	Covered at 100%	Covered at 100%
Basic Services	Year one 80% Year two 90% Year three 100%	Covered at 80%	80% of Negotiated Fee*	70% of Negotiated Fee*	Covered at 80%	Covered at 80%
Major Services	Covered at 60%	Covered at 50%	50% of Negotiated Fee*	0% of Negotiated Fee*	Covered at 50%	Covered at 50%
Ortho Lifetime Max	\$2,000 (Adults and Children)	\$1,500 (Adults and Children)	\$2,000 up to age 19 only (Annual Combined)	Not Covered	Not Covered	Not Covered
Annual Calendar Max	\$2,500	\$2,000	\$3,000	\$1,500	\$1,000	\$1,500
Waiting Period	No	No	Yes	Yes	No	No
Implants	Limited Benefit*	Limited Benefit*	Yes	Yes	Yes	Yes
Where Available	All States	All States	States Not Available : AK, ID, LA, ME, MD, MT, NH, NM, OR, SD, WA		All States	All States
How to do Enrollment	<a href="mailto:janet@academybenefits.tv">Email janet@academybenefits.tv</a>		Password Code: sbca7652			
	<a href="#">Rates and Sign-Up</a>	<a href="#">Rates and Sign-Up</a>	<a href="#">Rates and Sign-Up</a>	<a href="#">Rates and Sign-Up</a>	<a href="#">Rates and Sign-Up</a>	<a href="#">Rates and Sign-Up</a>
EE	\$115.00	\$77.00				
EE+1	\$225.00	\$150.00				
EE + 2 or more	\$403.00	\$274.00				

More New 2026 Dental Options	Humana Dental PPO <a href="#">More Information Here</a>	Blue Shield Dental <a href="#">More Information Here</a>
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\*Notes on Ameritas:Prepwork (basic) and crown (major) are covered under respective levels. Implant Post is not covered.