

## PLAN DESIGN AND BENEFITS - CA PPO \$750 80/60

PLAN FEATURES	NETWORK CARE	OUT-OF-NETWORK CARE		
Deductible (per calendar year)	\$750 Individual			
	(2-member maximum)			
Unless otherwise indicated, the Deductible mus-	t be met prior to benefits being payable			
All covered expenses accumulate toward both the preferred and non-preferred Deductible.				
Member cost sharing for certain services included excluded from charges to meet the Deductible.	ing member cost sharing for prescriptio	n drugs, as indicated in the plan, are		
Once 2 individual members of a family each sat as having met their Deductible for the remainde		, all family members will be considered		
Member Coinsurance (applies to all expenses unless otherwise stated)	20%	40%		
Coinsurance Maximum (per calendar year, excludes deductible)	\$4,500 Individual	\$9,000 Individual		
	(2-member maximum)	(2-member maximum)		
All covered expenses accumulate separately to	ward the preferred and non-preferred C	oinsurance Maximum.		
Certain member cost sharing elements may not apply toward the Coinsurance Maximum. Amounts over allowable, copays, DME, failure to pre-certify penalty, infertility, non-SMI-SED mental disorders, Rx (including self-injectables) and substance abuse do not apply toward the Coinsurance Maximum and continue to be payable after the maximum is reached.  Once 2 individual members of a family each satisfy their Coinsurance maximum separately, all family members will be				
considered as having met their Coinsurance Maximum for the remainder of the calendar year.				
Lifetime Maximum	\$5,000,000 per member's lifetime. (Network and out-of-Network care combined)			
Payment for Non-Preferred Care	Not Applicable	Recognized Amount*		
Primary Care Physician Selection	Not Applicable	Not Applicable		
Certification Requirements				
Certification for certain types of Out-of-Network care must be obtained to avoid a reduction in benefits paid for that care. Certification for Hospital Admissions, Treatment Facility Admissions, Convalescent Facility Admissions, Home Health Care, and Hospice Care is required. Benefits will be reduced by \$400 per occurrence if Certification is not obtained.				
Referral Requirement	None	None		
PHYSICIAN SERVICES	NETWORK CARE	OUT-OF-NETWORK CARE		
Office Visits to Non-Specialist	\$25 copay; deductible waived	40% after deductible		
Includes services of an internist, general physician, family practitioner or pediatrician for routine care as well as diagnosis and treatment of an illness or injury and in-office surgery.				
Specialist Office Visits	\$50 copay; deductible waived	40% after deductible		
Primary Care & Specialist Physician E-Visits	\$10 copay; deductible waived	Not Covered		
An E-visit is an online internet consultation between a physician and an established patient about a non-emergency healthcard matter. This visit must be conducted through an Aetna authorized internet E-visit service vendor. Register at www.relayhealth.com.				
Walk-in Clinics	\$25 copay; deductible waived	Not Covered		
Walk-in Clinics are network, free-standing healt	1	to a physician's office visit for		

PPO 750 80/60 2009 (12/18/2008)

outpatient department of a hospital, shall be considered a Walk-in Clinic.

14.06.423.1-CA Page 1

treatment of unscheduled, non-emergency illnesses and injuries and the administration of certain immunizations. It is not an alternative for emergency room services or the ongoing care provided by a physician. Neither an emergency room, nor an



# PLAN DESIGN AND BENEFITS - CA PPO \$750 80/60

Maternity OB Visits	20% after deductible	40% after deductible
Surgery (in office)	Applicable Office Visit Copay	40% after deductible
Allergy Testing (given by a physician)	\$50 copay; deductible waived	40% after deductible
Allergy Injections (not given by a physician)	\$50 copay; deductible waived (copay waived when office visit charge is not made.)	40% after deductible
PREVENTIVE CARE	NETWORK CARE	OUT-OF-NETWORK CARE
Routine Adult Physical Exams and	\$25 copay; deductible waived	40% after deductible
Immunizations	l	
Limited to 1 exam every 12 months for		
members age 18 and older.		
Well Child Exams and Immunizations	\$25 copay; deductible waived	40% after deductible
Provides coverage for 9 exams from birth up to	decopay, deddelible walved	4070 arter deductible
age 3; 1 exam per 12 months from age 3		
through age 17.		
Routine Gynecological Exams	\$25 copay; deductible waived	40% after deductible
Includes Pap smear, HPV screening and	1925 copay, deductible waived	40% after deductible
related lab fees. Frequency schedule applies.		
, , , , , , , , , , , , , , , , , , , ,		1004 6 1 1 1 111
Routine Mammograms	\$25 copay; deductible waived	40% after deductible
For covered females age 40 and over.		
Frequency schedule applies.		
Routine Digital Rectal Exam /	Member cost sharing is based on the	Member cost sharing is based on the
Prostate-Specific Antigen Test	type of service performed and the	type of service performed and the
For covered males age 40 and over.	place rendered	place rendered
Frequency schedule applies.		
Colorectal Cancer Screening	Member cost sharing is based on the	Member cost sharing is based on the
Sigmoidoscopy and Double Contrast Barium	type of service performed and the	type of service performed and the
Enema - 1 every 5 years for all members age	place rendered	place rendered
50 and over. Colonoscopy - 1 every 10 years		
for all members age 50 and over. Fecal Occult		
Blood Testing - 1 every year for all members		
age 50 and over.		
Routine Eye and Hearing Exams	Paid as part of routine physical exam.	Paid as part of routine physical exam.
Covered only as part of a routine physical		
exam.		
DIAGNOSTIC PROCEDURES	NETWORK CARE	OUT-OF-NETWORK CARE
Outpatient Diagnostic Laboratory and	No Charge	40% after deductible
X-ray [except for Complex Imaging Services]	I	To you dittor deddelibie
If performed as a part of a physician's office		
visit and billed by the physician, expenses are		
covered subject to the applicable physician's		
office visit member cost sharing.		
Outpatient Diagnostic X-ray for Complex	20% after deductible	50% after deductible. Maximum
Imaging Services		payment of \$800 per service.
Including, but not limited to, MRI, MRA, PET		
and CT Scans. Precertification required.	1	

PPO 750 80/60 2009 (12/18/2008)



# PLAN DESIGN AND BENEFITS - CA PPO \$750 80/60

EMERGENCY MEDICAL CARE	NETWORK CARE	OUT-OF-NETWORK CARE
Urgent Care Provider	\$50 copay; deductible waived	\$50 copay; deductible waived
(Benefit Availability may vary by location.)		
Non-Urgent Use of Urgent Care Provider	Not Covered	Not Covered
Emergency Room	\$100 copay plus 20% after deductible	Paid as Network Care
Copay waived if admitted. Copay applies to		
facility charges only.		
Non-Emergency care in an Emergency	Not Covered	Not Covered
Room	000/ 6	
Emergency Ambulance	20% after deductible	Paid as Network Care
HOSPITAL CARE	NETWORK CARE	OUT-OF-NETWORK CARE
Inpatient Coverage	20% after deductible	\$250 copay plus 40% after deductible.
Including maternity (prenatal, delivery and postpartum) & transplants		Maximum payment of \$750 per day.
· · · · · · · · · · · · · · · · · · ·		
Outpatient Surgery	\$150 copay plus 30% after deductible	\$150 copay plus 50% after deductible.
Provided in an outpatient hospital department		Maximum payment of \$400 per
	loos to be still	surgery.
Outpatient Surgery	20% after deductible	\$150 copay plus 40% after deductible.
Provided in a freestanding surgical facility		Maximum payment of \$400 per
		surgery.
Outpatient Hospital Services other than	20% after deductible	40% after deductible. Maximum
Surgery		payment of \$300 per visit.
Including, but not limited to, physical therapy,		
speech therapy, occupational therapy, spinal manipulation, dialysis, radiation therapy.		
	NETWORK CARE	OUT OF NETWORK CARE
MENTAL HEALTH SERVICES Inpatient Serious Mental Illness or Serious	NETWORK CARE 20% after deductible	OUT-OF-NETWORK CARE \$250 copay plus 40% after deductible.
•	20% after deductible	φ250 copay plus 40% after deductible.
		Maximum nayment of \$750 per day
Emotional Disturbances of a Child		Maximum payment of \$750 per day.
	\$25 copay: deductible waived	
Outpatient Serious Mental Illness or Serious	\$25 copay; deductible waived	Maximum payment of \$750 per day.  40% after deductible
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child	, ,	40% after deductible
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness	\$25 copay; deductible waived  Not Covered	
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child	, ,	40% after deductible
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child	Not Covered	40% after deductible
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a	Not Covered	40% after deductible  Not Covered
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Outpatient Other than Serious Mental Illness	Not Covered	40% after deductible  Not Covered  40% after deductible. Maximum
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Outpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a	Not Covered	40% after deductible  Not Covered  40% after deductible. Maximum
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Outpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Limited to 20 visits per member per calendar year. Network and Out-of-Network combined.	Not Covered	40% after deductible  Not Covered  40% after deductible. Maximum
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Outpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Limited to 20 visits per member per calendar	Not Covered \$25 copay; deductible waived  NETWORK CARE	40% after deductible  Not Covered  40% after deductible. Maximum benefit of \$25 per visit.
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Outpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Limited to 20 visits per member per calendar year. Network and Out-of-Network combined. ALCOHOL / DRUG ABUSE SERVICES Inpatient Detoxification	Not Covered \$25 copay; deductible waived	40% after deductible  Not Covered  40% after deductible. Maximum benefit of \$25 per visit.  OUT-OF-NETWORK CARE \$250 copay plus 40% after deductible.
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Outpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Limited to 20 visits per member per calendar year. Network and Out-of-Network combined. ALCOHOL / DRUG ABUSE SERVICES Inpatient Detoxification Limited to 3 days per admission, 2 admissions	Not Covered \$25 copay; deductible waived  NETWORK CARE	40% after deductible  Not Covered  40% after deductible. Maximum benefit of \$25 per visit.
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Outpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Limited to 20 visits per member per calendar year. Network and Out-of-Network combined.  ALCOHOL / DRUG ABUSE SERVICES Inpatient Detoxification Limited to 3 days per admission, 2 admissions per lifetime. Network and Out-of-Network	Not Covered \$25 copay; deductible waived  NETWORK CARE	40% after deductible  Not Covered  40% after deductible. Maximum benefit of \$25 per visit.  OUT-OF-NETWORK CARE \$250 copay plus 40% after deductible.
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Outpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Limited to 20 visits per member per calendar year. Network and Out-of-Network combined.  ALCOHOL / DRUG ABUSE SERVICES Inpatient Detoxification Limited to 3 days per admission, 2 admissions per lifetime. Network and Out-of-Network combined.	Not Covered  \$25 copay; deductible waived  NETWORK CARE 20% after deductible	40% after deductible  Not Covered  40% after deductible. Maximum benefit of \$25 per visit.  OUT-OF-NETWORK CARE \$250 copay plus 40% after deductible. Maximum payment of \$175 per day.
Outpatient Serious Mental Illness or Serious Emotional Disturbances of a Child Inpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Outpatient Other than Serious Mental Illness or Serious Emotional Disturbances of a Child Limited to 20 visits per member per calendar year. Network and Out-of-Network combined.  ALCOHOL / DRUG ABUSE SERVICES Inpatient Detoxification Limited to 3 days per admission, 2 admissions per lifetime. Network and Out-of-Network	Not Covered \$25 copay; deductible waived  NETWORK CARE	40% after deductible  Not Covered  40% after deductible. Maximum benefit of \$25 per visit.  OUT-OF-NETWORK CARE \$250 copay plus 40% after deductible.



# PLAN DESIGN AND BENEFITS - CA PPO \$750 80/60

OTHER SERVICES AND PLAN DETAILS	NETWORK CARE	OUT-OF-NETWORK CARE
Skilled Nursing Facility Limited to 60 days per member per calendar year. Network and Out-of-Network combined.	20% after deductible	\$250 copay plus 40% after deductible. Maximum benefit of \$200 per day.
Home Health Care Limited to 90 visits per member per calendar year. Network and Out-of-Network combined; 1 visit equals a period of 4 hours or less.	20% after deductible	40% after deductible. Maximum benefit of \$100 per visit.
Infusion Therapy Provided in the home or physician's office	20% after deductible	40% after deductible. Maximum benefit of \$50 per visit.
Infusion Therapy Provided in an outpatient hospital department or freestanding facility	30% after deductible	50% after deductible. Maximum benefit of \$50 per visit.
Inpatient Hospice Care	20% after deductible	\$250 copay plus 40% after deductible. Maximum benefit of \$200 per day.
Outpatient Hospice Care	20% after deductible	40% after deductible
Private Duty Nursing - Outpatient	Not Covered	Not Covered
Outpatient Short-Term Rehabilitation Includes physical, occupational and chiropractic therapy (if provided in the outpatient hospital department, paid under outpatient hospital benefit). Limited to 24 visits per member per calendar year. Network and Out-of-Network combined.	20% after deductible	40% after deductible. Maximum benefit of \$25 per visit.
Outpatient Speech Therapy (if provided in the outpatient hospital department, paid under outpatient hospital benefit) Limited to 20 visits per member per calendar year. Network and Out-of-Network combined.	20% after deductible	40% after deductible.
Durable Medical Equipment Maximum benefit of \$2,000 per member per calendar year. Limit does not apply to prosthetics or orthotics. Network and Out-of- Network combined.	50% after deductible	50% after deductible.
Diabetic Supplies not obtainable at a pharmacy	Covered same as any other medical expense	Covered same as any other medical expense
Contraceptive drugs and devices not obtainable at a pharmacy (includes coverage for contraceptive visits)	Applicable Office Visit Copay	40% after deductible
FAMILY PLANNING	NETWORK CARE	OUT-OF-NETWORK CARE
Infertility Treatment Covered only for the diagnosis and treatment of the underlying medical condition	Member cost sharing is based on the type of service performed and the place rendered	Member cost sharing is based on the type of service performed and the place rendered
Voluntary Sterilization Including tubal ligation and vasectomy	Member cost sharing is based on the type of service performed and the place rendered	Member cost sharing is based on the type of service performed and the place rendered



### PLAN DESIGN AND BENEFITS - CA PPO \$750 80/60

PHARMACY - PRESCRIPTION DRUG BENEFITS Retail Up to a 30-day supply	\$15 copay for generic drugs, \$40 copay for brand name formulary drugs, and \$50 copay for brand name non- formulary drugs	NON-PARTICIPATING PHARMACIES Not Covered
Mail Order Delivery 31-90 day supply	\$30 copay for generic drugs, \$80 copay for brand name formulary drugs, and \$100 copay for brand name non- formulary drugs	Not Covered
Self-Injectables (Excluding insulin) Does not accumulate toward Coinsurance maximum.	30% for formulary and non-formulary drugs	Not Covered

**Specialty CareRx -** First Prescription for a self-injectable drug must be filled at a participating retail pharmacy or Aetna Specialty Pharmacy®. Subsequent fills must be through Aetna Specialty Pharmacy®.

**Mandatory Generic with DAW override (MG w/DAW Override)** - The member pays the applicable copay only, if the physician requires brand. If the member requests brand when a generic is available, the member pays the applicable copay plus the difference between the generic price and the brand price.

**Plan includes:** Contraceptive drugs and devices obtainable from a pharmacy and diabetic supplies obtainable from a pharmacy. Lifestyle/performance drugs limited to 4 pills per month. Precerticifation included and 90-day Transition of Care (TOC) for Precertification included.

\*Payment for Out-of-Network facility care is determined based upon Aetna's Allowable Fee Schedule, which is subject to change. Payment for other Out-of-Network care is determined based upon the negotiated charge that would apply if such services or supplies were received from a Network Provider. These charges are referred to in your plan documents as "recognized" charges.

#### What's Not Covered

This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. The following is a partial list of services and supplies that are generally not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design purchased.

- All medical or hospital services not specifically covered in, or which are limited or excluded in the plan documents;
- Charges related to any eye surgery mainly to correct refractive errors;
- · Cosmetic surgery, including breast reduction;
- · Custodial care:
- Dental care and x-rays;
- Donor egg retrieval;
- · Experimental and investigational procedures;
- · Hearing aids;
- · Immunizations for travel or work;
- Infertility services, including, but not limited to, artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents;
- Non-medically necessary services or supplies;
- Orthotics except as specified in the plan;



Page 6

### PLAN DESIGN AND BENEFITS - CA PPO \$750 80/60

- · Over-the-counter medications and supplies;
- Reversal of sterilization;
- · Services for the treatment of sexual dysfunction or inadequacies, including therapy, supplies, counseling and prescription
- · Special duty nursing; and
- Treatment of those services for or related to treatment of obesity or for diet or weight control.

## **Pre-existing Conditions Exclusion Provision**

This plan imposes a pre-existing conditions exclusion, which may be waived in some circumstances (that is, creditable coverage) and may not be applicable to you. A pre-existing conditions exclusion means that if you have a medical condition before coming to our plan, you might have to wait a certain period of time before the plan will provide coverage for that condition. This exclusion applies only to conditions for which medical advice, diagnosis or treatment was recommended or received or for which the individual took prescribed drugs within 6 months.

Generally, this period ends the day before your coverage becomes effective. However, if you were in a waiting period for coverage, the 6 month period ends on the day before the waiting period begins. The exclusion period, if applicable, may last up to 6 months from your first day of coverage, or, if you were in a waiting period, from the first day of your waiting period.

If you had less than 6 months of group or three months of individual (including Medicare, Medicaid and Medi-Cal) of creditable coverage immediately before the date you enrolled, your plan's pre-existing conditions exclusion period will be reduced by the amount (that is, number of days) of that prior coverage.

If you had no prior creditable coverage within the 6 months for group or 3 months for individual prior to your enrollment date (either because you had no prior coverage or because there was more than a 6 months of group or 3 months of individual gap from the date your prior coverage terminated to your enrollment date), we will apply your plan's pre-existing conditions exclusion.

In order to reduce or possibly eliminate your exclusion period based on your creditable coverage, you should provide us a copy of any Certificates of Creditable Coverage you have. Please contact your Aetna Member Services representative at 1-888-802-3862 for MC plans if you need assistance in obtaining a Certificate of Creditable Coverage from your prior carrier or if you have any questions on the information noted above.

The pre-existing condition exclusion does not apply to pregnancy nor to a child who is enrolled in the plan within 31 days after birth, adoption, or placement for adoption. Note: For late enrollees, coverage will be delayed until the plan's next open enrollment; the pre-existing exclusion will be applied from the individual's effective date of coverage.

This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of plan benefits or programs and does not constitute a contract. Aetna does not provide health care services and, therefore, cannot guarantee results or outcomes. Consult the plan documents (i.e. Group Insurance Certificate and/or Group Policy) to determine governing contractual provisions, including procedures, exclusions and limitation relating to the plan. With the exception of Aetna Rx Home Delivery, all preferred providers and vendors are independent contractors in private practice and are neither employees nor agents of Aetna or its affiliates. Aetna Rx Home Delivery, LLC, is a subsidiary of Aetna Inc. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change without notice.

14.06.423.1-CA



### PLAN DESIGN AND BENEFITS - CA PPO \$750 80/60

Certain services require precertification, or prior approval of coverage. Failure to precertify for these services may lead to substantially reduced benefits or denial of coverage. Some of the benefits requiring precertification may include, but are not limited to, inpatient hospital, inpatient mental health, inpatient skilled nursing, outpatient surgery, substance abuse (detoxification, inpatient and outpatient rehabilitation). When the Member's preferred provider is coordinating care, the preferred provider will obtain the precertification. Precertification requirements may vary.

If your plan covers outpatient prescription drugs, your plan may include a drug formulary (preferred drug list). A formulary is a list of prescription drugs generally covered under your prescription drug benefits plan on a preferred basis subject to applicable limitations and conditions. Your pharmacy benefit is generally not limited to the drugs listed on the formulary. The medications listed on the formulary are subject to change in accordance with applicable state law. For information regarding how medications are reviewed and selected for the formulary, formulary information, and information about other pharmacy programs such as precertification and step-therapy, please refer to Aetna's website at Aetna.com, or the Aetna Medication Formulary Guide. Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. In addition, in circumstances where your prescription plan utilizes copayments or coinsurance calculated on a percentage basis or a deductible, use of formulary drugs may not necessarily result in lower costs for the member. Members should consult with their treating physicians regarding questions about specific medications. Refer to your plan documents or contact Member Services for information regarding the terms and limitations of coverage.

Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a subsidiary of Aetna, Inc., that is a licensed pharmacy providing mail-order pharmacy services. Aetna's negotiated charge with Aetna Rx Home Delivery may be higher than Aetna Rx Home Delivery's cost of purchasing drugs and providing mail-order pharmacy services.

While this information is believed to be accurate as of the print date, it is subject to change.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Plans are provided by Aetna Life Insurance Company.

For more information about Aetna plans, refer to www.aetna.com.

© 2009 Aetna Inc.